## CA Assembly District 80 Nutrition Insecurity Dashboard: September 2023



## What is "nutrition insecurity"?

"Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

# Nutrition Insecurity: Total Population District 80 Total Population 484.672 Estimated People Nutrition Insecure

% of Total Population Nutrition Insecure 32% compared to 25% in SD County Nutrition Insecurity: Children & Youth (0-18)

Total Children & Youth in District 80 Estimated Kids Nutrition Insecure

114,351 46,713

% of Children & Youth Nutrition Insecure
41% compared to 32% in SD County

Nutrition Insecurity: Older Adults (60+)

Total Seniors Estimated Seniors Nutrition in District 80 Insecure

89.979 26.552

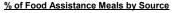
% of Older Adults Nutrition Insecure

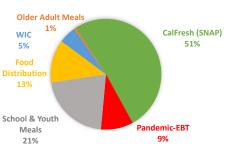
30% compared to 25% in SD County

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#### Food Assistance Meals Provided in September

Food Source	Total Meals
CalFresh (SNAP)	3,281,643
Pandemic-EBT	608,271
School & Youth Meals	1,357,442
Food Distribution	803,711
WIC	326,005
Older Adult Meals	38,905
Food Distribution Program on Indian Reservations (FDPIR)	-
Total Meals Provided in Month	6,415,976





## Comparing types of food assistance based on USDA Moderate

Cost Food Plan:
1 nutritious meal

1.85 pounds of food

:

\$4.46 on an EBT card (metro)\*\*

=

\$5.43 on an EBT card (rural)\*\*

\*\* Cost of nutritious meal adapted for San Diego prices and population.

#### **Calculating Missing Meals**

Step 1: Total Meals Needed by Nutrition Insecure Population

14,250,114

Step 2: Subtract Estimated Self-Purchased Meals

7.609.544

Step 3: Subtract Total Food Assistance Meals Provided

6,415,976

Missing Meals in District 80: September 2023

224,593

## CalFresh Participation

District 80 Total Participation	Number of Pec	ple
CalFresh Recipients in September	84,749	
Est. Total Population Eligible for CalFresh	110,255	
Estimated CalFresh Participation Rate in District 80	77%	60%
Potential New CalFresh Enrollees	25,507	Countywide Participation Rate
Additional monthly meals if half of eligible pop. was enrolled	553,080	
\$ Issued for food from CalFresh in September	\$14,651,970	
Estimated total economic impact from CalFresh spending	\$26,227,027	

District 80 Senior Participation	Number of Seniors
Senior CalFresh Recipients in September	20,402
Est. Total Seniors Eligible for CalFresh	25,155
Estimated Senior CalFresh Participation Rate	81%
Potential New Senior CalFresh Enrollees	4,753

For full methdology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

### Methodology:

Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.