

# CA Assembly District 77 Nutrition Insecurity Dashboard: September 2023



<b>What is "nutrition insecurity"?</b> "Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.	Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
	District 77 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 77	Estimated Kids Nutrition Insecure	Total Seniors in District 77	Estimated Seniors Nutrition Insecure
	<b>446,802</b>	<b>84,594</b>	<b>75,435</b>	<b>13,241</b>	<b>101,743</b>	<b>16,833</b>
	% of Total Population Nutrition Insecure	% of Children & Youth Nutrition Insecure		% of Older Adults Nutrition Insecure		
	<b>19%</b> compared to 25% in SD County	<b>18%</b> compared to 32% in SD County		<b>17%</b> compared to 25% in SD County		

Please cite this report as: San Diego Hunger Coalition. September 2023 Nutrition Insecurity Dashboards. San Diego, CA; February 2024.  
For maps, data tables and additional dashboards by electoral district, please visit [www.sdhunger.org/research](http://www.sdhunger.org/research).

Food Assistance Meals Provided in September		% of Food Assistance Meals by Source		Comparing types of food assistance based on USDA Moderate Cost Food Plan:	
Food Source	Total Meals			1 nutritious meal	
CalFresh (SNAP)	935,277			=	
Pandemic-EBT	130,198			1.85 pounds of food	
School & Youth Meals	582,488			=	
Food Distribution	147,437			\$4.46 on an EBT card (metro)**	
WIC	7,886			=	
Older Adult Meals	38,477			\$5.43 on an EBT card (rural)**	
Food Distribution Program on Indian Reservations (FDPIR)	-				
<b>Total Meals Provided in Month</b>	<b>1,841,763</b>				

\*\* Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals			Missing Meals in District 77: September 2023	
Step 1: Total Meals Needed by Nutrition Insecure Population	Step 2: Subtract Estimated Self-Purchased Meals	Step 3: Subtract Total Food Assistance Meals Provided		
7,719,185	-	3,911,260	-	1,841,763
			=	<b>1,966,162</b>

CalFresh Participation		District 77 Senior Participation		<b>Methodology:</b> Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.
District 77 Total Participation	Number of People	District 77 Senior Participation	Number of Seniors	
CalFresh Recipients in September	22,115	Senior CalFresh Recipients in September	6,742	
Est. Total Population Eligible for CalFresh	64,642	Est. Total Seniors Eligible for CalFresh	15,785	
<b>Estimated CalFresh Participation Rate in District 77</b>	<b>34%</b>	<b>Estimated Senior CalFresh Participation Rate</b>	<b>43%</b>	
<b>Potential New CalFresh Enrollees</b>	<b>42,527</b>	<b>Potential New Senior CalFresh Enrollees</b>	<b>9,043</b>	
<b>Additional monthly meals if half of eligible pop. was enrolled</b>	<b>922,145</b>	For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: <a href="http://www.sdhunger.org/research">www.sdhunger.org/research</a> .		
\$ Issued for food from CalFresh in September	\$4,175,852			
Estimated total economic impact from CalFresh spending	\$7,474,776			