CA Assembly District 77 Nutrition Insecurity Dashboard: September 2023

19% compared to 25% in SD County



16.833

What is "nutrition insecurity"?

"Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

Nutrition Insecurity: Total Population	
District 77 Total Population	Estimated People Nutrition Insecure
446,802	84,594
% of Total Population Nutrition Insecure	

Nutrition Insecurity: Children & Youth (0-18) Total Children & Youth Estimated Kids in District 77 **Nutrition Insecure**

75.435 13.241

% of Children & Youth Nutrition Insecure

18% compared to 32% in SD County

Nutrition Insecurity: Older Adults (60+)

101,743

Total Seniors **Estimated Seniors Nutrition** in District 77 Insecure

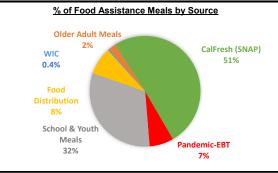
% of Older Adults Nutrition Insecure

17% compared to 25% in SD County

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Food Assistance Meals Provided in September

Food Source	Total Meals
CalFresh (SNAP)	935,277
Pandemic-EBT	130,198
School & Youth Meals	582,488
Food Distribution	147,437
WIC	7,886
Older Adult Meals	38,477
Food Distribution Program on Indian Reservations (FDPIR)	-
Total Meals Provided in Month	1,841,763



Comparing types of food assistance based on USDA Moderate Cost Food Plan:

1 nutritious meal

1.85 pounds of food

\$4.46 on an EBT card (metro)**

\$5.43 on an EBT card (rural)**

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals

Step 1: Total Meals Needed by Nutrition Insecure Population

7,719,185

Step 2: Subtract Estimated Self-Purchased Meals

3,911,260

Step 3: Subtract Total Food Assistance Meals Provided

1,841,763

Missing Meals in District 77: September 2023

1,966,162

CalFresh Participation

District 77 Total Participation	Number of Ped	ople
CalFresh Recipients in September	22,115	
Est. Total Population Eligible for CalFresh	64,642	
Estimated CalFresh Participation Rate in District 77	34%	
Potential New CalFresh Enrollees	42,527	Countywide Participation Rate
Additional monthly meals if half of eligible pop. was enrolled	922,145	
\$ Issued for food from CalFresh in September	\$4,175,852	
Estimated total economic impact from CalFresh spending	\$7,474,776	

District 77 Senior Participation	Number of Seniors
Senior CalFresh Recipients in September	6,742
Est. Total Seniors Eligible for CalFresh	15,785
Estimated Senior CalFresh Participation Rate	43%
Potential New Senior CalFresh Enrollees	9,043

For full methology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

Methodology:

Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL), In California, households with income up to 200% FPL are encouraged to apply.