

# CA Assembly District 75 Nutrition Insecurity Dashboard: September 2023



<b>What is "nutrition insecurity"?</b> "Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.	Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
	District 75 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 75	Estimated Kids Nutrition Insecure	Total Seniors in District 75	Estimated Seniors Nutrition Insecure
	<b>627,705</b> % of Total Population Nutrition Insecure <b>23%</b> compared to 25% in SD County	<b>145,341</b> % of Children & Youth Nutrition Insecure <b>28%</b> compared to 32% in SD County	<b>138,976</b> % of Older Adults Nutrition Insecure <b>21%</b> compared to 25% in SD County			

Please cite this report as: San Diego Hunger Coalition. September 2023 Nutrition Insecurity Dashboards. San Diego, CA; February 2024.  
 For maps, data tables and additional dashboards by electoral district, please visit [www.sdhunger.org/research](http://www.sdhunger.org/research).

Food Assistance Meals Provided in September	% of Food Assistance Meals by Source	Comparing types of food assistance based on USDA Moderate Cost Food Plan:																		
<table border="1"> <thead> <tr> <th>Food Source</th> <th>Total Meals</th> </tr> </thead> <tbody> <tr> <td>CalFresh (SNAP)</td> <td>2,416,471</td> </tr> <tr> <td>Pandemic-EBT</td> <td>542,335</td> </tr> <tr> <td>School &amp; Youth Meals</td> <td>1,706,813</td> </tr> <tr> <td>Food Distribution</td> <td>663,947</td> </tr> <tr> <td>WIC</td> <td>171,478</td> </tr> <tr> <td>Older Adult Meals</td> <td>30,130</td> </tr> <tr> <td>Food Distribution Program on Indian Reservations (FDPIR)</td> <td>11,015</td> </tr> <tr> <td><b>Total Meals Provided in Month</b></td> <td><b>5,542,189</b></td> </tr> </tbody> </table>	Food Source	Total Meals	CalFresh (SNAP)	2,416,471	Pandemic-EBT	542,335	School & Youth Meals	1,706,813	Food Distribution	663,947	WIC	171,478	Older Adult Meals	30,130	Food Distribution Program on Indian Reservations (FDPIR)	11,015	<b>Total Meals Provided in Month</b>	<b>5,542,189</b>		<p><b>1 nutritious meal</b> =</p> <p><b>1.85 pounds of food</b> =</p> <p><b>\$4.46 on an EBT card (metro)**</b> =</p> <p><b>\$5.43 on an EBT card (rural)**</b></p> <p><small>** Cost of nutritious meal adapted for San Diego prices and population.</small></p>
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Calculating Missing Meals			Missing Meals in District 75: September 2023
Step 1: Total Meals Needed by Nutrition Insecure Population	Step 2: Subtract Estimated Self-Purchased Meals	Step 3: Subtract Total Food Assistance Meals Provided	
13,262,380	- 6,310,568	- 5,542,189 =	<b>1,409,623</b>

CalFresh Participation		District 75 Senior Participation		<b>Methodology:</b> Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.
District 75 Total Participation	Number of People	District 75 Senior Participation	Number of Seniors	
CalFresh Recipients in September	70,605	Senior CalFresh Recipients in September	15,911	
Est. Total Population Eligible for CalFresh	110,088	Est. Total Seniors Eligible for CalFresh	26,872	
<b>Estimated CalFresh Participation Rate in District 75</b>	<b>64%</b>	<b>Estimated Senior CalFresh Participation Rate</b>	<b>59%</b>	
<b>Potential New CalFresh Enrollees</b>	<b>39,483</b>	<b>Potential New Senior CalFresh Enrollees</b>	<b>10,961</b>	
<b>Additional monthly meals if half of eligible pop. was enrolled</b>	<b>856,131</b>	For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: <a href="http://www.sdhunger.org/research">www.sdhunger.org/research</a> .		
\$ Issued for food from CalFresh in September	\$12,157,685			
Estimated total economic impact from CalFresh spending	\$21,762,257			