

CA State Senate District 40 Nutrition Insecurity Dashboard: September 2023



What is "nutrition insecurity"? "Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.	Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
	District 40 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 40	Estimated Kids Nutrition Insecure	Total Seniors in District 40	Estimated Seniors Nutrition Insecure
	1,006,822 % of Total Population Nutrition Insecure 23% compared to 25% in SD County	231,789 % of Children & Youth Nutrition Insecure 26% compared to 32% in SD County	229,431 % of Older Adults Nutrition Insecure 20% compared to 25% in SD County	59,312	43,279	

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 For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in September		% of Food Assistance Meals by Source		Comparing types of food assistance based on USDA Moderate Cost Food Plan:																			
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<p>** Cost of nutritious meal adapted for San Diego prices and population.</p>																							

Calculating Missing Meals						
Step 1: Total Meals Needed by Nutrition Insecure Population		Step 2: Subtract Estimated Self-Purchased Meals		Step 3: Subtract Total Food Assistance Meals Provided		Missing Meals in District 40: September 2023 3,265,866
21,150,781	-	10,340,507	-	7,544,407	=	

CalFresh Participation		District 40 Senior Participation		Methodology: Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.																										
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