## NATIONAL sctiol District

National School District is the K-6 school district for National City in the South Bay region and operates on a year-round calendar. Middle and high school students attend Sweetwater Union High School District.

## STUDENT DEMOGRAPHICS



## DISTRICT SNAPSHOT

| SCHOOLS IN DISTRICT CLAIMING FREE \& REDUCED PRICE MEALS (FRPM)* | ELEM | MIDDLE | HIGH | CHARTER | TOTAL |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Number of Schools Claiming FRPM Reimbursement* | 10 |  |  | 2 | 12 |
| Number of Students in these Schools | 5,551 |  |  | 499 | 6,050 |
| Number of Students Enrolled in FRPM | 4,163 |  |  | 451 | 4,614 |
| Percentage of Students Enrolled in FRPM | 75\% |  |  | 90\% | 76\% |
| Schools with Community Eligibility Provision (CEP) | 0 |  |  | 0 | 0 |
| 풀 Schools with Provision 2 | 10 |  |  | 0 | 10 |
| Schools Eligible but not Participating in CEP or Provision 2 | 0 |  |  | 1 | 1 |
| Number of Schools with Pantry or Food Distribution | 0 |  |  | 0 | 0 |
| Number of Schools with Backpack Program | 1 |  |  | 0 | 1 |

[^0]
## YEAR-ROUND DISTRICT**

## Percentage of FRPM-Enrolled Kids Eating SCHOOL BREAKFAST (compared to those eating school lunch)

BREAKFAST LUNCH COUNTYWIDE COMPARISON $481 \%$

## Percentage of FRPM-Enrolled Kids Eating AFTERSCHOOL \& SUMMER MEALS

DISTRICT + COMMUNITY ORGS COUNTYWIDE COMPARISON


MISSED
OPPORTUNITIES to Feed Eligible Kids in 2015-16


## ANALYSIS

## SCHOOL BREAKFAST

- All 10 eligible elementary schools in the National School District (NSD) are Provision 2 and serving universal free breakfast and lunch, resulting in above average participation.
« Integrity Charter (K-8) is eligible, but not participating in Provision 2. Given the school's high FRPM enrollment (90.5\%), Integrity Charter is encouraged to become P2 and serve Breakfast in the Classroom.
« Despite serving traditional breakfast before school starts, elementary schools have 68\% breakfast participation. Given that 100\% of eligible students eat FRPM lunch, serving Breakfast in the Classroom would likely result in 80-90\% breakfast participation.


## AFTERSCHOOL \& SUMMER MEALS

« NSD serves afterschool snacks through the National School Lunch Program. If the district became a CACFP sponsor, they could serve the more substantial supper meal instead of (or in addition to) a snack.
« Community-based organizations also step in to provide afterschool meals:

- Boys and Girls Club - Payne Family Branch: CACFP sponsor serving snack; could add or switch to supper with the right meal vendor.

Year-round districts have summer breaks extending 6.5 to 7.5 weeks - a significant period without the nutrition support of school meals. National School District does not serve summer meals during its break.
$\downarrow$ Districts and organizations serving summer meals within NSD boundary:

- Sweetwater Union High School District at 1 middle and 2 high schools in National City.
- Boys and Girls Club at the Payne Family Branch.
- Feeding San Diego at Lincoln Acres Branch Library.
- South Bay Union School District answered San Diego Hunger Coalition's call to help increase summer meal participation in National City by providing summer meals at Manuel Portillo Casa De Salud Youth Center in 2017.
- In summer 2016, about 110 kids per day received summer lunch (out of 4,614 FRPM-enrolled students in the district). Recommendations are: (1) open additional sites where kids already congregate; and (2) ensure all NSD families know of the nearby sites sponsored by other districts or organizations.
$\downarrow$ Given the high number of FRPM-enrolled students, the NSD community would benefit from additional school-based charitable food distributions.


[^0]:    * The following school types are excluded from this analysis: Alternative Schools of Choice, Continuation High Schools, County Community, District Community Day Schools, Juvenile Court Schools, Opportunity Schools, Preschool, Special Education Schools (Public), State Special Schools, Youth Authority Facilities. Analysis includes 90\% of FRPM-enrolled students in county.

