# MOUNTAIN EMPIRE UNIFIED SCHOOL DISTRICT

HISPANIC OR LATINO AMERICAN INDIAN OR ALASKA NATIVE

PACIFIC ISLANDER

AFRICAN AMERICAN

TWO OR MORE RACES

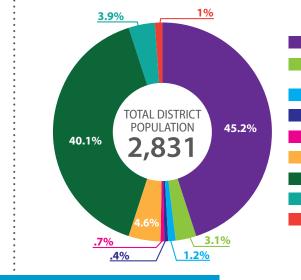
ASIAN

**FILIPINO** 

WHITE

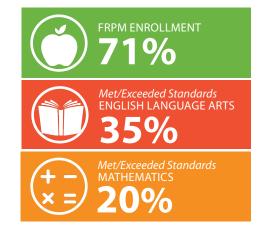
Mountain Empire Unified School District is geographically the largest school district in California, occupying over 600 square miles in rural East County San Diego. The K-12 district's rural setting and sparsely populated area requires extensive busing of students.

### **STUDENT DEMOGRAPHICS**



### **DISTRICT SNAPSHOT**





	SCHOOLS IN DISTRICT CLAIMING FREE & REDUCED PRICE MEALS (I		MIDDLE	HIGH	CHARTER	TOTAL
CDE 2016-2017 SY CDE 2015-2016 SY	Number of Schools Claiming FRPM Reimbursement*	4	2	1		7
	Number of Students in these Schoo	ls 1,021	113	384		1,518
	Number of Students Enrolled in FRP	YM 782	59	243		1,084
	Percentage of Students Enrolled in I	FRPM 77%	52%	63%		71%
	Schools with Community Eli Provision (CEP)	gibility 0	0	0		0
	Schools with Provision 2	1	0	0		1
	Schools Eligible but not Participating in CEP or Provi	sion 2 0	0	0		0
	Number of Schools with Pantry or Food Distribution	0	0	0		0
	Number of Schools with Backpack F	Program 1	0	0		1

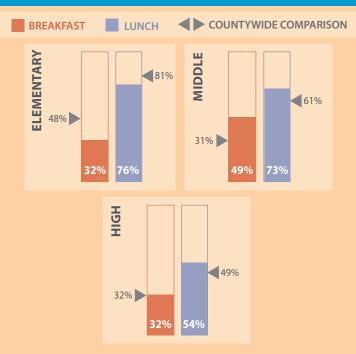
\* The following school types are excluded from this analysis: Alternative Schools of Choice, Continuation High Schools, County Community, District Community Day Schools, Juvenile Court Schools, Opportunity Schools, Preschool, Special Education Schools (Public), State Special Schools, Youth Authority Facilities. Analysis includes 90% of FRPM-enrolled students in county.



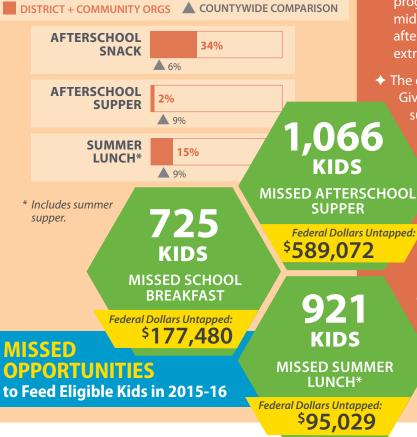
52

## Percentage of FRPM-Enrolled Kids Eating SCHOOL BREAKFAST

(compared to those eating school lunch)



#### Percentage of FRPM-Enrolled Kids Eating AFTERSCHOOL & SUMMER MEALS



# ANALYSIS

#### SCHOOL BREAKFAST

- Only Potrero Elementary in the Mountain Empire Unified School District (MEUSD) has Provision 2 status. The school is encouraged to serve universal free meals and Breakfast in the Classroom in this high need, rural district.
- Given the rural nature of this district and high FRPM-enrollment, *Breakfast After the Bell* is highly recommended to ensure students with long bus rides have ample time to receive and eat school breakfast.
- Grab n' Go is recommended for the middle and high schools, and could also increase participation at elementary schools not eligible for universal free meals through P2 or CEP. The Grab n' Go service model provides breakfast before or after the bell, or during a second chance nutrition break later in the morning.

#### **AFTERSCHOOL & SUMMER MEALS**

- Mountain Empire currently serves afterschool snacks through the National School Lunch Program. If the district became a CACFP sponsor, the more substantial supper meal could be offered during afterschool programs and before long bus rides home. The middle and high schools could also explore providing afterschool supper for sports teams and other extracurricular activities.
- The district serves summer meals at Campo Elementary. Given the expanse of this rural district, any new summer meals sites should be located where a significant population of children and youth already congregate during the summer.
  - Community-based organizations help provide afterschool and summer meals to the children in this rural area:
  - Heaven's Windows provides summer meals and afterschool snacks adn supper at Campo Educational Center.
  - Camp Oliver in Descanso serves summer meals.
    - Feeding San Diego provides summer meals at the Jacumba Branch Library.