

US Congressional District CA-52 Nutrition Insecurity Dashboard: September 2023



What is "nutrition insecurity"?
 "Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

Nutrition Insecurity: Total Population	
District CA-52 Total Population	Estimated People Nutrition Insecure
698,822	237,380
% of Total Population Nutrition Insecure	
34% compared to 25% in SD County	

Nutrition Insecurity: Children & Youth (0-18)	
Total Children & Youth in District CA-52	Estimated Kids Nutrition Insecure
163,435	72,189
% of Children & Youth Nutrition Insecure	
44% compared to 32% in SD County	

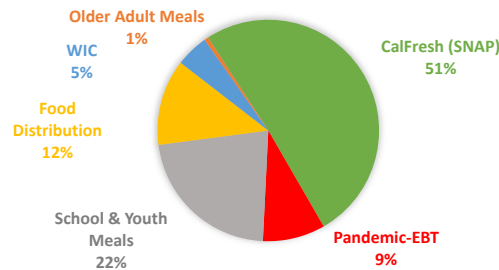
Nutrition Insecurity: Older Adults (60+)	
Total Seniors in District CA-52	Estimated Seniors Nutrition Insecure
127,918	39,479
% of Older Adults Nutrition Insecure	
31% compared to 25% in SD County	

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 For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in September

Food Source	Total Meals
CalFresh (SNAP)	4,840,623
Pandemic-EBT	865,819
School & Youth Meals	2,108,842
Food Distribution	1,194,442
WIC	454,939
Older Adult Meals	56,135
Food Distribution Program on Indian Reservations (FDPIR)	-
Total Meals Provided in Month	9,520,800

% of Food Assistance Meals by Source



Comparing types of food assistance based on USDA Moderate Cost Food Plan:

1 nutritious meal
 =
 1.85 pounds of food
 =
 \$4.46 on an EBT card (metro)**
 =
 \$5.43 on an EBT card (rural)**

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals

Step 1: Total Meals Needed by Nutrition Insecure Population
21,660,912

Step 2: Subtract Estimated Self-Purchased Meals
11,519,089

Step 3: Subtract Total Food Assistance Meals Provided
9,520,800

Missing Meals in District CA-52: September 2023

621,023

CalFresh Participation

District CA-52 Total Participation	Number of People
CalFresh Recipients in September	124,836
Est. Total Population Eligible for CalFresh	169,746
Estimated CalFresh Participation Rate in District CA-52	74% 60% Countywide Participation Rate
Potential New CalFresh Enrollees	44,910
Additional monthly meals if half of eligible pop. was enrolled	973,813
\$ Issued for food from CalFresh in September	\$21,612,547
Estimated total economic impact from CalFresh spending	\$38,686,459

District CA-52 Senior Participation	Number of Seniors
Senior CalFresh Recipients in September	29,104
Est. Total Seniors Eligible for CalFresh	37,761
Estimated Senior CalFresh Participation Rate	77%
Potential New Senior CalFresh Enrollees	8,657

For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

Methodology:
 Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.