



CREATING EQUITABLE ACCESS TO FOOD ASSISTANCE

- Our solutions to hunger -

Hunger Free San Diego

In a Hunger Free San Diego, anyone who needs food assistance can get it.

Hunger Free San Diego is a collaborative of hunger relief leaders and experts working towards ending hunger in our region. This initiative uses research to provide a clearer understanding of hunger in San Diego County, and data to identify solutions.

This research analyzes the food assistance available and current gaps and opportunities, including identifying underutilized resources.

Policy & Advocacy

We facilitate the Hunger Advocacy Network (HAN), a collaborative group of 21 human service agencies, food banks, and advocacy organizations that influences state and federal budget legislative policy and increases awareness among legislators and the public about hunger in our region.

HAN enhances their advocacy work through a grassroots network of Hunger Free Activists. These engaged residents receive advocacy training and opportunities to use their voice to support anti-hunger legislation.

Hunger Free Kids

In San Diego County, 1 in 4 children arrive to school hungry, affecting their ability to concentrate and learn.

We provide free technical assistance and support to school districts and nonprofits to implement new youth meal programs and boost participation in existing ones. We work to expand the following programs:

1. Breakfast After the Bell
2. Summer Meals
3. Afterschool Supper
4. Universal Free Meals

We facilitate the Hunger Free Kids Task Force, a collaborative workspace that provides opportunities for civil and community leadership to engage in the efforts to end child hunger.

CalFresh (SNAP/Food Stamps)

It is one of our nation's most effective tools against hunger. We eliminate barriers and increase participation in CalFresh by:

1. Providing training and technical assistance to partner agencies who guide low-income individuals and families through the application and enrollment processes.
2. Leading the CalFresh Task Force, a collaboration of more than 40 agencies. We facilitate discussions on regulation changes, outstanding case issues, best practices for outreach, and ways to improve access.
3. Meeting monthly with the County of San Diego Health & Human Services Agency to advocate for program changes to make enrollment easier.

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Founded in 1974, the San Diego Hunger Coalition is a 501(c)(3) organization that leads collaborative action to end hunger supported by research, education and advocacy. Its vision is that everyone in San Diego County has enough food for an active, healthy life.



www.SDHunger.org | info@sdhunger.org | (619) 501-7917



HUNGER FREE NAVIGATOR PROGRAM™

Interactive virtual training that helps organizations connect people to available food assistance resources.

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ENDING HUNGER TAKES A COMMUNITY

With your support, we can continue working to ensure that:

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BECOME A HUNGER FREE ACTIVIST

Use your voice to advocate for large-scale, systemic change to end nutrition inequities.

Join us in this fight as a Hunger Free Activist and:

- Learn about nutrition insecurity and its impacts in San Diego County
- Stay up-to-date on important issues and how to get involved
- Get access to advocacy training and resources
- Advocate to strengthen and expand hunger relief

www.SDHunger.org/hfa



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