



# Hunger Awareness Month

CREATING EQUITABLE ACCESS TO HEALTHY FOOD



## English Social Media Toolkit

Here are sample posts for promoting Hunger Awareness Month on your social media platforms. Use the downloadable images in this folder to accompany your post.

### SOCIAL MEDIA POSTS

Post Copy	Image Preview
<p>Ending hunger in San Diego is not a one-time goal, but a continuous effort by nonprofits, government, communities, families, and individuals. Take the pledge to create a Hunger Free San Diego! <a href="http://www.sdhunger.org/ham">www.sdhunger.org/ham</a> #HungerFreeSD #HungerAwarenessMonth</p>	<p>September is <b>Hunger Awareness Month!</b> Together, hunger in San Diego is a problem we can solve</p>
<p>Nearly 1 in 4 people in San Diego County is nutrition insecure. To learn more about nutrition insecurity, visit <a href="http://www.sdhunger.org/research">www.sdhunger.org/research</a> #HungerFreeSD #HungerAwarenessMonth</p>	<p>September <b>Hunger Awareness Month!</b> Nearly 1 in 4 people in San Diego is nutrition Insecure!</p> <p>To learn more about nutrition insecurity, visit <a href="http://sdhunger.org/research">sdhunger.org/research</a></p>
<p>CalFresh makes it easier to get enough food on the table. You get an EBT card that works just like a debit card at grocery stores, farmers markets, and online at Walmart and Amazon. Learn more at <a href="http://www.sdhunger.org/getcalfresh">www.sdhunger.org/getcalfresh</a> #HungerFreeSD #HungerAwarenessMonth</p>	<p>Hunger Awareness Month Everyone deserves access to enough nutritious food. CalFresh is the easy, dignified solution. Learn more at <a href="http://sdhunger.org/getcalfresh">sdhunger.org/getcalfresh</a></p>
<p>Those who are eligible for #CalFresh are not subject to the Public Charge Rule. Receiving CalFresh, WIC, or school meals will not affect you or your family's immigration status. Learn more at <a href="http://www.sdhunger.org/safe">www.sdhunger.org/safe</a> #HungerFreeSD #HungerAwarenessMonth</p>	<p>Hunger Awareness Month CREATING EQUITABLE ACCESS TO HEALTHY FOOD</p> <p>Is CalFresh safe for Immigrant Families?</p> <p><b>Yes!</b> All food assistance resources, including CalFresh, WIC, and School meals are safe to use. These resources are no longer considered a part of public charge.</p> <p>Learn more at <a href="http://sdhunger.org/safe">sdhunger.org/safe</a></p>



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College students are eligible for #CalFresh! Connect with your Basic Needs Center to get up to \$281/mo for groceries! Check out our toolkit today: <https://www.sandiegohungercoalition.org/cal-fresh-college-students> #HungerFreeSD #HungerAwarenessMonth



Have you seen the latest Food Assistance Resource Flyer? San Diego Hunger Coalition updates this tool throughout the year to help connect to each type of food assistance program. Available in 13 different languages! [www.sdhunger.org/food-assistance-flyers](http://www.sdhunger.org/food-assistance-flyers) #HungerFreeSD #HungerAwarenessMonth



From #CalFresh to WIC to School Meals, we have the resources to create a #HungerFreeSD. Check out our Resource page for information on each type of program available at [www.sdhunger.org/resources](http://www.sdhunger.org/resources) You can also visit our Spanish page: [www.sdhunger.org/recursos](http://www.sdhunger.org/recursos) #HungerFreeSD #HungerAwarenessMonth



We're striving to make it easier for the remaining 47% of non-enrolled eligible seniors to access nearly 10 million dollars per month in food assistance available through #CalFresh. Learn more at [www.sdhunger.org/policy](http://www.sdhunger.org/policy) #HungerFreeSD #HungerAwarenessMonth

